



Alera Virtual Wellbeing Fair

Vendor Resources



Thank you for joining us at the 2020 Alera Virtual Wellbeing Fair! We are so pleased so many of you and your employees could attend. We are grateful to our many presenters and wanted to share additional information regarding their services that may be helpful in supporting your Wellbeing Program efforts. Please see below for a summary of our presenters, their seminars, contact information, and any discounts being offered to Alera clients.

Burnalong

Product/Service: BurnAlong is a health and wellness platform that is used by municipalities, universities, hospitals, and companies of all sizes – who are seeing 5X the engagement levels. That’s achieved by bringing people online the two things that work offline, in-person:

- ▶ An inspiring and relatable instructor. So, we partner with 100s of instructors, across 45 categories, for unparalleled choice.
- ▶ Social motivation. Take classes alone or live online with others you invite.

We work with companies, hospitals, insurers, and brokers, and partner with on-site and local gyms, studios, instructors, and wellness professionals, to bring the best classes, programs, and social experience to help people achieve their health and wellness goals. Our members can choose from thousands of classes across more than 45 categories taught by hundreds of instructors. People can take classes on their own on demand or invite friends to join them live online.

Special Offers for Alera: Preferred BurnAlong Pricing to any Alera Group for their employees and/or their clients through the end of this year (2020). Pricing may vary depending on the size of the organization(s) and their interest in a one off BurnAlong Program vs brokering BurnAlong to their clients. For any Alera clients, who enroll in BurnAlong, BurnAlong will waive the one-time Implementation/Account Management fee for accounts over 1,000 employees and discount the fee 50% for accounts 500-999 employees.

Virtual Wellbeing Fair Recordings: [Monday](#), [Tuesday](#), [Wednesday](#), [Thursday](#), [Friday](#)

Contact: Jodi Maggin, Director of Sales, jodi.maggin@burnalong.com, 410-409-7347

Namaste Wellness

Product/Service: Since 2003 Namaste has been helping industry-leading companies reduce employee stress and burnout, increase productivity and create a caring culture. Namaste’s mental health and wellness programs use a combination of evidence-based education, immersive group experiences, and personalized coaching. Namaste Wellness programs are grounded in improving the mental, emotional, and physical functioning of today’s workforce.

Special Offers for Alera:

- ▶ Holiday Survival Kit for COVID & Beyond- As we navigate the holiday season, support your team’s mental and physical health, and enable them to stay productive and feel connected. This series includes a masterclass as well as two immersive group mindfulness sessions to help make space for calm and clarity amidst the chaos of the year. (custom packages also available). \$2,000 Offer expires 12/31 OR
- ▶ 20% off for 2021 [Build Your Own Series](#)

Virtual Wellbeing Fair Recordings: [Supporting Child and Teen Mental Health Webinar](#) and Daily Health Break Stillness Series Sessions ([Monday](#), [Tuesday](#), [Wednesday](#), [Thursday](#), [Friday](#))

Contact: Katie Oates (Program Manager), katie@namasteny.com, 1-828-317-1003

Shannon Bahrke

Product/Service:

- ▶ Keynote Speaking: Shannon Bahrke is one of the most recognized Olympic skiers with her signature pink hair and bright smile, but it is her ability to make a lasting connection with audiences around the globe that make her an exceptional keynote speaker. Shannon’s thrilling and inspirational keynote speeches address dreaming BIG, overcoming obstacles, facing your fears and winning when the odds are stacked against you! She speaks from her personal experiences as an Olympian, wife, mother of 2, entrepreneur and business owner to directly relate to your audience. Learn more about her keynote speaking [here!](#)
- ▶ Champions Advantage Virtual Program: This program is an exclusive 6 week 3-part series developed by World Class Olympians specifically designed to maximize your team’s potential and performance. We equip you with the tools the most successful Olympians use on a daily basis to reignite your team’s passion, empower them to take charge of what they can control and move swiftly towards conquering both personal and professional goals. Join us as we Go for Gold and reveal our proven success system of CORE. CLIMB. CONQUER!! Learn more about this program here.

Special Offers for Alera: 25% off regular pricing if you book by December 31, 2020.

Virtual Wellbeing Fair Recordings: [Lessons From an Olympian](#)

Contact: Shannon Bahrke, Shannon@TeamEmpowerHour.com

Navigate Wellbeing

Product/Service: Navigate Wellbeing Solutions helps employers better connect their employees to their culture through comprehensive engagement tools and holistic wellbeing tools and education. We do this through dedicated account management that removes the administrative burden for our clients. We continue to invest into our clients through new technology builds and releases every quarter to help enhance the capabilities to connect employees and their company.

Special Offers for Alera: We continue to offer a strategic discount because of our Alera Group Partnership, but if a client goes through our process and determines we are the right fit for them by end of year, we will get them half off of the implementation fee.

Virtual Wellbeing Fair Recordings: [Financial Planning Through Uncertain Times](#)

Contact: Brian Lackey (VP of Business Development), brian.lackey@navigatewell.com, (402) 720-4360

Tuition.io

Product/Service: Tuition.io is the nation’s leading employee benefit platform empowering employers to better attract, retain and engage their next generation of talent- people who are saddled with stifling student debt- by helping their employees reduce and better manage their student loan burdens. Tuition.io works with companies of all sizes. Its clients include Fortune 500 companies, such as ADP, Live Nation, Freddie Mac, and Estée Lauder Companies; healthcare companies, such as Children’s Hospital & Medical Center of Omaha, Trilogy Health Services and UC Health; and public entities, such as the City of Memphis. Tuition.io is on a mission to provide an impactful solution for employers and employees across the country.

Virtual Wellbeing Fair Recordings: [Managing Student Loans](#)

Contact: Steve Gordon (Director of Partner Success), sgordon@tuition.io

MoveWell & Asset Health

Product/Service: Asset Health is a health and wellness organization dedicated to employee engagement and responsibility, improved individual health and wellbeing, and productivity. Our uniquely configurable platform delivers solutions to employers and health care providers of all sizes. Our programs provide a holistic approach, empowering participants through intrinsic and extrinsic motivation to take active ownership for their health.

Special Offers for Alera: As an Alera Group strategic partner, Asset Health is fully prepared to leverage our technologies to support you and your employees with a variety of optional and configurable services – and **with preferred pricing:**

- ▶ Asset Health Portal- Serves as a comprehensive, dynamic employee engagement hub. Accessible from all devices, the portal makes it easy to access wellness tools and resources, including our Health Assessment (with behavioral health integration and learning style analysis), Wellness Challenges, Online Courses, Health Coaching Dashboard, Incentive & Reward Management and more. Our unparalleled flexibility means you can make the portal your own through dynamic customization and configuration. It also adapts to individual users, providing a truly tailored and personalized experience.
- ▶ Asset Health Activate (AHA!) is a comprehensive, success-centered employee health and wellbeing solution designed for smaller employer populations — delivering simplicity and sustainable value. It combines a proven, robust wellbeing engagement platform with best-in-class service and support, empowering the success of our market partners, HR, and benefit plan administrators to deliver a dynamic program that drives improved employee health and wellbeing.
- ▶ The MoveWell® Program – Available onsite or virtually, our MoveWell Day provides up to six hours of onsite seminars, individualized 5- minute mobility assessments with personalized exercise recommendations and demonstrations. Alternatively, the MoveWell Virtual Immersion is a 3-week wellness challenge that includes a series of 10-minute webinars and 15-minute 1:1 consultations (Zoom format with waiting room) 3 people/hour to address specific issues and recommendations.

Virtual Wellbeing Fair Recordings: [Pain-Free in the Real World](#)

Contact: Charlie Estey, cestey@assethealth.com, 810-220-9129.

Predictive Index

Product/Service: The Predictive Index was founded more than six decades ago, and in all that time, our mission has not changed. Our passion, inherited from our founder, is to understand people and teams—specifically what drives behaviors at work. Our quest, is to discover how to impact that behavior, ignite enthusiasm, and align business strategy with talent strategy. Predictive Index has introduced multiple assessment tools to help provide a better understanding of each person’s learning capacity, specific job attributes, and behavior assessments, understanding what uniquely motivates individuals and sets them up for the ultimate success at work.

Virtual Wellbeing Fair Recordings: [Kick Butt at Work: Playing to Your Strengths](#)

Contact: David Lunken, dlunken@pimidlantic.com, (410) 961-5555

Zillion

Product/Service: Zillion is a leading health technology company. Our intuitive technology and live health coaching allows us to deliver impactful programs. Our RestoreResilience program focuses on stress & anxiety while supporting an individual’s mental and physical health through better sleep, stress management, exercise and nutrition. Our Restore Health program is a multi-chronic condition management program, providing the right nudge at the right time to assist individuals in forming new, healthier behaviors.

Special Offers for Alera: Zillion is offering a 10% discount on pricing for Alera clients.

Virtual Wellbeing Fair Recordings: [Understanding Why What You Eat Matters](#)

Contact: Jody Dobrowski (Senior Sales Executive), jdobrowski@zillion.com, (603) 759-7379

HiThrive

Product/Service: Meet HiThrive: everything you need to recognize team members, now in one place. Through a modular approach and a library of integrations to all of the enterprise platforms that you may already be using, your comprehensive recognition platform can be up and running in minutes, replacing expensive, manual legacy platforms that hold back connection, performance, and growth.

Whether you’re returning to the office, working from home, on the frontlines, or connecting with customers, HiThrive is the best way to empower a culture of recognition and a shared sense of purpose.

Virtual Wellbeing Fair Recordings: [The Connection Between Employee Recognition and Wellbeing](#)

Contact: Joshua Zacharias (Co-founder of HiThrive), joshua@hithrive.com, (847) 208-4224

Modern Health

Product/Service: Modern Health is a global solution that simplifies how you provide mental health benefits for your entire workforce. They cover the full spectrum of mental well-being needs, through evidence-based professional support and digital resources, all within a single platform. [Here](#) is a more detailed overview. *Note: Currently only serving groups with 200+ employees.*

Special Offers for Alera: For any Alera Group client that signs a contract before 12/31/2020, Modern Health will offer a free month of service.

Virtual Wellbeing Fair Recordings: [Managing Stress and Burnout](#)

Contact: Bryan Vercler (Head of Partnerships), (312) 523-4631, bryan@joinmodernhealth.com

Woliba

Product/Service: Woliba helps consolidate their HR software tools into one comprehensive platform to help organizations enhance company culture, morale, engagement, and workplace wellbeing. With automation and A.I. organization can now easily manage wellbeing, engagement, recognition, and reward initiatives in one mobile-friendly platform. Woliba It’s Work-Life Balance.

Special Offers for Alera: Woliba and Alera Group have a partnership agreement in place. Please contact Nathan Figg or the Alera Wellbeing Team (wellbeing@alergroup.com) for further information.

Virtual Wellbeing Fair Recordings: [Ergonomics and the Perfect Day](#)

Contact: Nathan Figg, nathan@trainingamigo.com, 917.587.1389



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