

The best mental health care for your workforce



Help your employees get better, faster with the highest-quality mental health

82.7%

of your employees will clinically improve or recover in an average of 8-12 sessions with Lyra.



Fast Access to Care

- ✓ Largest network of evidence-based mental health providers
- ✓ Covering 1 million members, including children, adolescents, couples, families, and adults, for leading employers
- ✓ In-person, video, self-care, and onsite care options



Great Member Experience



High-Quality Care

- ✓ Rigorous data-driven measurement of impact and quality
- ✓ Digital platform with appointments available within 24 hours
- ✓ Deliver more care that works — for all needs, from stress to suicide

The most comprehensive mental health benefit tailored to your unique members

Lyra can be delivered via an EAP, health plan integration, or mix of both:

CORE SERVICES

Customize your flagship mental health benefit using the best of Lyra's technology, network, and expertise:

- Therapy
- Medication management
- Coaching
- Self-Care Tools
- 24/7 care team
- Care platform
- Training workshops
- Critical incident
- Work-life services

EAP REIMAGINED

- 16-25 sessions for benefits eligible members
- Critical incident support
- Unlimited manager consults
- Work-life services

HEALTH PLAN INTEGRATION

- Client-specific network for self-funded plans
- Bill as claims through your TPA
- Cost-sharing
- Medication management

CUSTOM OPTION

- Combination of EAP and Health Plan Integration to meet your benefit goals

ebay

"Our flagship mental health program."

AMGEN

"These are stars in the industry."

Uber

"Lyra is our partner for mental health."

Learn more at lyrahealth.com