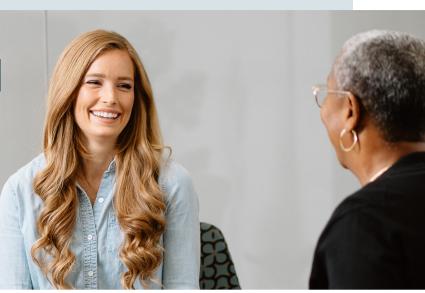


lyra

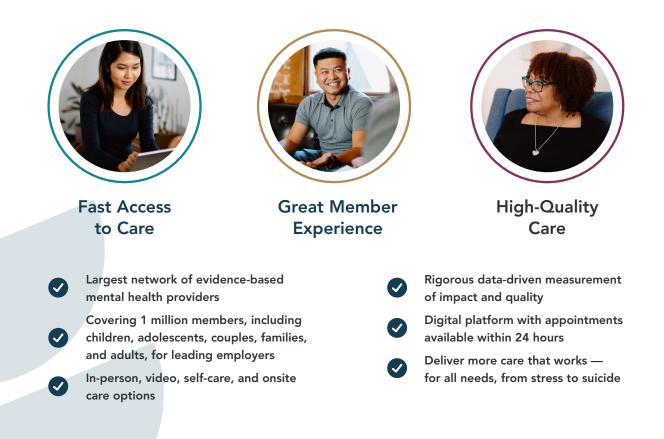
The best mental health care for your workforce



Help your employees get better, faster with the highest-quality mental health

82.7%

of your employees will clinically improve or recover in an average of 8-12 sessions with Lyra.



The most comprehensive mental health benefit tailored to your unique members

Lyra can be deliverd via an EAP, health plan integration, or mix of both:

CORE SERVICES Customize your flagship mental health benefit using the best of Lyra's technology, network, and expertise: Therapy Care platform • **Medication management**

- Coaching
- Self-Care Tools
- 24/7 care team

- Training workshops
- **Critical incident**
- Work-life services

EAP REIMAGINED

- 16-25 sessions for • benefits eligible members
- Critical incident support •
- **Unlimited manager** • consults
- Work-life services

HEALTH PLAN **INTEGRATION**

- **Client-specific network** • for self-funded plans
- Bill as claims through your TPA
- **Cost-sharing** •
- **Medication management**

CUSTOM OPTION

Combination of EAP and • Health Plan Integration to meet your benefit qoals



"Our flagship mental health program."



"These are stars in the industry."

Uber

"Lyra is our partner for mental health."

Learn more at lyrahealth.com